



# The 29<sup>th</sup> Annual RGANM Conference on Problem Gambling

## The Intersection of Effective Treatment and Therapist Well-Being

### About the Conference

The RGANM Conference on Problem Gambling brings together a diverse array of researchers and industry treatment professionals from all across North America to discuss wide-ranging topics in support of healing from problem gambling. Launched in 1998 by the Responsible Gaming Association of New Mexico, the conference is the first and largest conference on problem gambling in New Mexico and in the Southwest.

The RGANM looks towards the future and remains on the cutting-edge of gambling research, treatment, and resources. The conference covers important topics such as promising and evidence-based treatments from east to west, indigenous, and other cultural points of view, the impact of technology, brain chemistry, trauma, co-contributing mental health issues, the role of culture in healing, in the pursuit of wellness from problem gambling.

### Speakers and Topics:

Join us for an engaging, two-day conference designed to tackle one of today's most pressing issues - problem gambling. This event delivers research-driven insights and actionable strategies for professionals addressing gambling-related challenges.

## Conference Agenda

### Thursday, July 30th, 2025

8:00-8:45	Registration and Continental Breakfast	
8:45-10:15	Session I - Welcome and Opening Remarks & Keynote Address Debra Kaplan M.A. - The Power of Maladaptive Daydreaming: Treating Fantasy in Gambling Disorder, Love and Porn Addiction	1.5 CEU
10:15-10:30	Morning Break	
10:30-12:00	Session II - Jon Grant - University of Chicago - Improving Access to Care and Treatment Outcomes	1.5 Ethics CEU
12:00-1:00	Lunch provided by RGANM	
1:00 - 2:15	Session III - Heather Gray - Gambling and Self-Harm	1.5 Ethics CEU
2:15-2:30	Afternoon Break	

2:30-4:00 Session IV – Sports Betting Panel - Three lenses: Research and Trends, Recovering Sports Gambler, and a Sports Bettor who embraces Harm Reduction, Joshua Grubbs PhD - University of New Mexico, Saul Malek, and Alexander Connoly. **1.5 Ethics CEU**

**Friday, August 1st, 2025**

8:00-8:45 Registration & Continental Breakfast

8:45-10:15 Session V - Welcome and Opening Remarks & Morning Address Session V - Small Panel: Sarah Nelson PhD and a Clinician from the Healing Lodge of the Seven Nations - Building Cultures of Recovery in Tribal Communities

**1.5 Cultural CEU**

10:30-10:45 Morning Break

10:45-12:00 Session VI - Noëlla Piquette, PhD - University of Lethbridge - Investigations into the differences between males and females with problem gambling.

**1.5 Cultural CEU**

12:00-1:00 Lunch Provided by RGANM

1:00-2:15 Session VII – Chris Willard - Harvard Medical School - The Neuroscience of Self-Compassion, Mindfulness, and Positive Psychology: Working with the Contagion of Emotional Regulation

**1.5 CEU**

2:15-2:30 Afternoon Break

2:30-4:00 Session VIII - Ron Siegal PhD

**1.5 Ethics CEU**