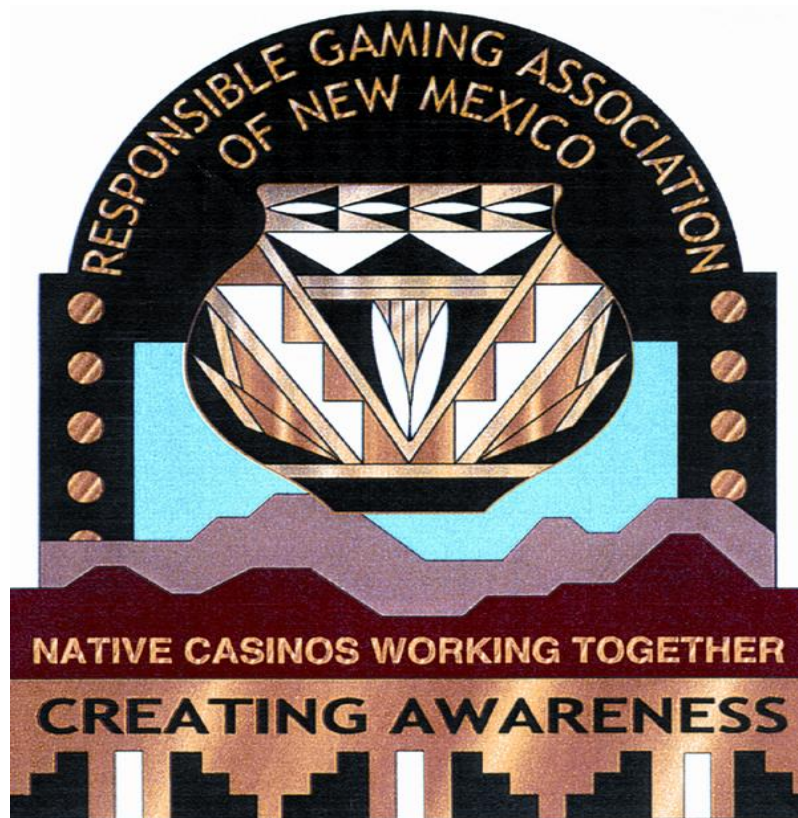


The 23rd Annual RGANM Conference on Problem Gambling

Problem Gambling in the High Desert:
Recent Findings for Prevention and Treatment



Santa Ana Star Casino & Hotel
August 8 & 9, 2019

Welcome!

We welcome you to the 23rd annual conference on problem gambling. This conference is the largest of three statewide treatment provider educational activities specifically focused on the social issue of problem gambling sponsored by the Responsible Gaming Association of New Mexico (RGANM).

Every year RGANM works in collaboration to advance the quality of services to problem gamblers and their families across New Mexico, supporting treatment providers with cutting edge research on neuroscience, addiction, treatment, and problem gambling resources. Our speakers are recognized experts in the fields of research and treatment for gambling and co-occurring disorders from all over the world. Our goal is to offer the best conference education with the highest quality possible while working to keep the registration fee very low.

The RGANM membership is comprised of representatives from 11 of the 14 Native American Tribes currently operating casinos in New Mexico. This collaborative approach to problem gambling awareness is unique to anywhere else in the nation.

In addition to our annual conference and regional conferences, we provide funding for a number of services to educate and support treatment for those whose gambling becomes a concern including:

- Our website, www.rganm.org, offers information to those for whom gambling may become a problem. We include online advertising to promote the site to gamblers and their families so they can more easily find help.
- Production and television airing of a documentary about problem gambling and treatment, as well as commercials to promote awareness.
- A 24/7 toll-free helpline in New Mexico at 888-696-2440.
- Community presence at health fairs across the state, in our tribal communities and properties where we provide information to help recognize the signs of problem gambling and available resources.
- Annual training for all our membership casino personnel on problem gambling and responsible gaming.
- Funding for treatment and prevention initiatives.

Representatives of the Association attend conferences each year such as the National Council on Problem Gambling (NCPG) conference. It is important that we keep abreast of other states' efforts and best practices in order to provide quality outreach and education. We are proud to be able to provide that same opportunity to you.

We would like to thank you for your attendance and your work with New Mexicans who seek recovery from gambling addiction and mental health services.

Respectfully,



Rebecca Beardsley, RGANM President
On Behalf of the Responsible Gaming Association of New Mexico Representatives

The 23rd Annual Conference on Problem Gambling - a gathering of therapists and preventionists from around New Mexico and the Southwest to hear from experts in the fields of research, treatment, and prevention.

This year is an opportunity to learn about new research being done in New Mexico looking at the prevalence of problem gambling, findings that inform our practices as therapists and preventionists. We will learn new information about the neurobiology of gambling disorder, the impact of adverse childhood experiences (ACEs) in New Mexico, what that means for tailoring our approaches, strategic family therapy for gambling problems, and Prodependence, a new way of viewing partners of gambling addicts, and how we regard them, treat them, and support them as they bravely navigate holding their partnerships and families together in the wake of addictive illness.

Day One: ACEs, Adverse Childhood Experiences; how research is isolating ACEs factors for understanding how to treat, prevent, and evolve our approach to addiction as an illness.

Casino games; how they work, debunking myths, looking at how a game might be a metaphor or an indicator for what a problem gambler is seeking in their escape fantasy.

Day Two: A gaming addict's personal experience and description of the way to recovery, the neurobiology of problem gambling, strategic family therapy with families impacted by problem gambling, and Prodependence: Moving beyond Codependency.

Join your colleagues and friends from all over New Mexico and the southwest for another great conference.

Problem Gambling in the High Desert: Recent Findings for Prevention and Treatment Conference Agenda

Thursday, August 8th, 2019

7:00-8:45 Registration & Continental Breakfast

8:45-10:15 Welcome and Opening Remarks

S1- Keynote: When They Were Young: The Intersection of Adverse Childhood Experiences and Problem Gambling” – Frank Kros M.A. JD

10:15-10:30 Morning Refreshment Break

10:30-12:00 S2 – Current Research on Problem Gambling in New Mexico: First Wave – Kris Goodrich PhD

12:00-1:00 Lunch Provided

1:00-2:30 S4 – What to Know About Casino Games – James Stevens, LMHC and Rebecca Beardsley

2:30-2:45 Afternoon Break

2:45-4:15 S5 – Frank Kros M.A. JD - Problem Gambling and the Brain: Implications for Treatment and Treatment Providers **1.5 Ethics CEU**

Friday, August 9th, 2019

7:30-8:45 Registration & Continental Breakfast

8:45-10:15 Opening Remarks/S6 – The Relationship Between Gaming and Gambling Disorder – Cam Adair

10:15-10:30 Morning Break

10:30-12:00 S7 – The Neuroscience of Gambling: From Recreational Use to Gambling Disorder
Celeste Napier, MD **1.5 Ethics CEU**

12:00-1:00 Lunch Provided

1:00-2:30 S8 – Problem Gambling and the Family System – Dan Best LPCC LMFT **1.5 Ethics CEU**

2:30-2:45 Afternoon Break

2:45-4:15 S9 - Prodependence: Moving Beyond Codependency **1.5 Ethics CEU** – Robert Weiss, PhD

Speaker Bios and Session Descriptions:

Cam Adair is the founder of Game Quitters, the world's largest support community for video game addiction, serving members in 95 countries. Named one of Canada's top 150 leaders in Mental Health, his work has been published in *Psychiatry Research*, and featured in two TEDx talks, *Forbes*, *BBC*, the *New York Times*, *NPR*, *CNN*, and *ABC 20/20*, amongst others. He's an internationally recognized speaker, entrepreneur, and YouTuber with over 2M views. Born in Canada, he currently lives in California.

Rebecca Beardsley Rebecca Beardsley is the Training Manager at Santa Ana Star Casino Hotel and is serving as President of the Responsible Gaming Association of New Mexico (RGANM), for the sixth consecutive year. She has over 20 years of experience in health care and addiction; heading up an indigent fund, DWI program and working for a community hospital. These roles included, but were not limited to, networking with community and state leaders, identifying and contracting for resources, and coordinating and executing prevention/community outreach efforts. This has benefitted her, during her more than 10 years in casino gaming, by setting the foundation to play a more proactive role with casino employees, be a resource to other communities/states and be successful in her leadership role in the RGANM.

Dan Best, LPCC LMFT, Family therapist, teacher, clinical supervisor, and trainer, Dan Best received over a decade of supervision in family therapy early in his thirty-year career. He is delighted to pass on to you the depth of healing that can take place by engaging the family system. An exploration of how gambling addiction affects family dynamics and how family dynamics can be used to recover and heal from gambling addiction. Family therapy is a powerful modality in treating problem gambling. Here's how.

Kristopher M. Goodrich, Ph.D. is a Department Chair and Associate Professor of Counselor Education at the University of New Mexico. He completed his graduate education in the CACREP accredited counseling program at Syracuse University. Dr. Goodrich has written 52 peer reviewed journal articles, co-authored or co-edited 3 books, and has contributed 20 pieces to other publications. He is the current editor of the *Journal for Specialists in Group Work*, a Past President of the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (2015-2016), Past President of the New Mexico Counseling Association (2018-2019), Past President of the Rocky Mountain Association for Counselor Education and Supervision (RMACES), and the current President of the Association for Counselor Education and Supervision (ACES; 2019-2020).

Frank KROS M.A. JD, is a career child advocate, who has served as a childcare worker, child abuse investigator, children's home administrator, consultant, college professor, attorney, writer and speaker. Frank currently serves as president of the Transformation Education Institute (formerly The Upside Down Organization), Director of the National At-Risk Education Network (NAREN) and Executive Vice President of the TranZed Alliance, a multi-service children's organization headquartered in Maryland.

Dr. T. Celeste Napier is a Professor in the Departments of Pharmacology and Psychiatry at Rush University Medical Center, where she also is the Director for the Center for Compulsive Behavior and Addiction. Her scientific interests include the neuroscience of motivational behaviors, including those that regulate healthy decision-making versus those associated with drug and behavioral addictions. Her work also encompasses addiction co-morbidity with other mental and neurological diseases. She has over 200 publications in on topics that span molecular biology, biochemistry, neurophysiology and behavior. Her research directly translates into medication development for mental health disorders. She has provided expert testimony to the US Congress Committee on Science, Space and Technology Subcommittee on Research and Technology, and to Illinois House of Representatives, Heroin and Youth Task Force Hearing.

James Abeyta Stevens is the Director of Human Resources at the Santa Ana Star Casino Hotel and is also a Licensed Mental Health Counselor. He has worked in the casino industry for 17 years and has worked with both casino guests and employees regarding responsible gaming and gambling addiction. James uses a holistic approach in HR and counseling centered around reviving the human spirit and motivating individuals to meet and exceed their potential. This connection includes the integration of resilience, awareness and wellness approaches to both healing and relationships building. James truly puts the "Human" into Human Resources and into therapy!

Robert Weiss PhD, MSW, Chief Clinical Officer of Seeking Integrity LLC, is an expert in the treatment of adult intimacy disorders and related addictions, most notably sex/porn/relationship addictions along with co-occurring drug/sex addiction. A clinical sexologist and practicing psychotherapist, Dr. Rob frequently serves as a subject matter expert for major media outlets including CNN, HLN, MSNBC, OWN, The New York Times, The Los Angeles Times, and NPR, among others. He is the author of Prodependence: Moving Beyond Codependency, Out of the Doghouse, Sex Addiction 101, and Cruise Control, among other books. He blogs regularly for Psychology Today and Psych Central. His podcast, Sex, Love, & Addiction, is rated as a Top 10 addiction podcast for 2019. He also hosts a weekly live no cost Webinar with Q&A on SexandRelationshipHealing.com. A skilled clinical educator, Dr. Rob routinely provides training to therapists, hospitals, psychiatric organizations, and even the US military. Over the years, he has created and overseen nearly a dozen high-end addiction and mental health treatment facilities across the globe. For more information or to reach Dr. Weiss, visit SeekingIntegrity.com. Follow him on Twitter (@RobWeissMSW), LinkedIn (Robert Weiss LCSW), and Facebook (Rob Weiss MSW).

Conference CEU Instruction Sheet

Thank you for your participation in the Responsible Gaming Association of New Mexico's 23rd Annual Problem Gambling Conference: Problem Gambling in the High Desert: Recent Findings for Prevention and Treatment

In order to receive your Continuing Education Units Certificate, you must complete an on-line Conference Evaluation using Survey Monkey.

Upon closing of the conference we will send you a link to the Survey Monkey Evaluation Form. <https://www.surveymonkey.com/r/RGANM2019>

Please complete the Evaluation Form for the sessions you attended.

There are ethics questions on the survey that correspond to sessions that count for ethics CEU's. Note: There are no "right" answers to these ethical questions. But you must answer them to the best of your ability in order to receive credit.

Please allow 5 business days, after you complete the Survey Monkey, beginning Monday August 12, 2019, to receive your CEU Certificate.

We value your evaluation feedback and use it to plan future conferences.

Please note that the survey will not be available until after the conference closes.

If you have any questions or are having problems connecting to Survey Monkey, or problems getting or printing your certificate, please feel free to contact:

Chris Le Doux
clédoux@theevolutiongroup.com



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