## **RESOURCES FOR HELP**

#### **Problem Gambling Resource Helpline**

24-hour a day help. All calls are confidential. 888-696-2440 www.rganm.org

### Gam-Anon

12-step support for the spouse, family and friends of the problem gambler. www.gam-anon.org

### **Gamblers Anonymous** 12-step support for problem gamblers. (505) 260-7272 www.gamblersanonymous.org

Laguna Behavioral Health 7 Rio San Joe Laguna, NM 87026 (505) 552-6513

NM Asian Family Center PO Box 27344 Albuquerque, NM 87125 (505) 717-2877 www.nmafc.org

### **Mescalero Responsible**

**Gaming Program** (575) 464-7106 www.mescaleroresponsiblegaming.org

# **1** Do you ever lie about your gambling?

### **2** Have you ever borrowed money to finance your gambling?

If you answer YES to both, you may have a problem with gambling. *Free and confidential help is available.* 

"Nowhere else could I have found the kindness of people who really understood the behavior of a compulsive gambler and were so capable of helping me understand as well . I am grateful to have received treatment at no cost to me." - C.D.

# The Evolution Group, Inc. Problem Gambling

Treatment Clinic 218 Broadway Blvd SE Albuquerque, NM 87102 (505) 242-6988, Ext 112 or (800) 745-1010 M-F 8:00am to 7:00pm www.theevolutiongroup.com

#### **Integrity Recovery House** A division of

The Evolution Group Long-term residential recovery in conjunction with intensive outpatient treatment. (505) 242-6988, Ext 112 or (800) 745-1010 M-F 8:00am to 7:00pm www.integrityrecoveryhouse.com

The Compulsive Gambling Treatment Center A division of The Evolution Group (505) 242-6988, Ext 112 or (800) 745-1010 M-F 8:00am to 7:00pm www.gamblingtreatmentcenter.org



# **Did You Know?**

- Our efforts are to be a resource to all New Mexicans for problem gambling prevention, education, and treatment.
- RGANM hosts an annual problem gambling conference for behavioral health professionals in order to increase the number of treatment providers and their level of expertise. Nearly 500 people attend each year, earning continuing education credit for attending.
- "Problem gambling" implies that there are problems related to gambling, such as too much time spent gambling or too much money spent on the activity.



Dear Community Leader,

experience in New Mexico.

RGANM was founded in 1993, preceding the beginning of tribal casinos in 1995. Since then we've worked tirelessly to provide resources to casino staff, tribal members, the general community, and gamblers about the effects of problem gambling.

Gambling is a favorite pastime among many New Mexicans who treat it as occasional entertainment. To keep it entertaining, we devote ourselves to helping the people for whom it becomes an addiction. A portion of all member casinos' gambling receipts are devoted to education, prevention, and treatment offered at no cost.

We provide resources in both English and Spanish for casino patrons, and information to tribal leaders, legislators and the general public. We focus on continuity of the message being delivered across the state. From health fairs, brochures, and wallet cards to video documentaries in English and Spanish, RGANM is a resource for responsible gaming in your community. We increase our television messages promoting responsible gaming around the holidays, and have purchased billboards adjacent to casinos across the state to reach those traveling to a casino.

worse over time.

President@RGANM.org.

Together we can keep gambling fun, safe, and entertaining.

Sincerely,

The Responsible Gaming Association of New Mexico



On behalf of the Responsible Gaming Association of New Mexico (RGANM), we invite you to support our efforts in continuing to work toward a positive gambling

Gambling is fun if you know when to stop. Untreated, compulsive gambling may get

We are happy to provide a booth and materials for health fairs for any organization. If your tribal property is interested in becoming a member, please email

www.rganm.org • 24/7 Helpline 888-696-2440